

MEDICAL OFFICE STAFF - Legibly **write** the patient name and date of birth on the sample bottle and return to the FIT Kit prior to the patient collection of the specimen.

Guide for Colorectal Cancer Screening at Home

Medical Practice Staff provide all underlined items

Patient Name: _____

Date of Birth: _____

Physician Name: _____ Signature: _____

Medical Office: _____

Diagnosis Code: _____

Please mail your stool sample back within **48 hours** of collection

For Medical Practice Staff Use

Affix Patient Visit Label (PVL) here:

Do not affix stickers to the sample bottle

LHMC Laboratory 3-2023

Lab Requisition # _____

What's in this kit?



Large collection tissue paper (folded)



Sample bottle and stick



Small shipping pad



Plastic biohazard bag

Medical Office provides



Instruction guide



Return envelope

Step 1. Collect Your Sample

1. Unfold the collection



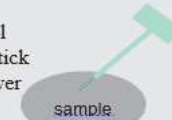
2. Lay the collection paper flat inside your toilet on top of the water. Have a bowel movement on



3. Twist and lift the cap on the sample bottle. **Keep the liquid in the bottle.** We need it for



4. Scrape the stool with the sample stick a few times to cover the grooved tip



5. Push the stick back into the sample bottle until the cap clicks. (Collection paper



Step 2. Labeling your sample - Use a ball point pen

1. Date and time of collection on your **sample bottle** and below. Verify that your legname and date of birth are correct.

* **Date and Time of Collection:** _____

Step 3. Prepare your package for mailing

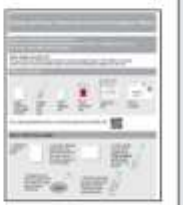
1. Wrap your sample bottle in the small shipping pad.



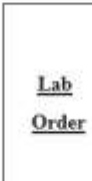
2. Put the sample bottle and the pad inside the plastic bag. Seal the bag.



3. Fold the completed instruction guide and put it in the return envelope.



4. Fold the copy of the Lab Order sheet and put it in the return envelope.



5. Check that you've included:

- Sample bottle
- Absorbant pad
- Biohazard bag
- This guide
- Copy of Lab Order



6. Mail the envelope within **48 hours**.



When should you do this test? - the next time you have a bowel movement (poop).

If there's any blood when you have a bowel movement, please wait until the bleeding has stopped to do this test.

Mail you sample within 48 HOURS of Collection