

Patient Instructions for O & P Specimen Collection

The Ova and Parasite (O & P) instructions will assist you in the correct collection technique enabling the laboratory to provide accurate results and avoid costly repeat testing.

O & P testing uses a special collection vial, ECOFIX and instruction kit. This O&P kit can be picked up at the Outpatient Laboratory Services site or the Main Laboratory inside the hospital.

PLEASE NOTE: Specimen collection should be delayed 7 to 10 days after the administration of substances such as mineral oil, barium, bismuth, kaolin magnesia, and castor oil. Delayed 2 to 3 weeks after antibiotics have been given since these may interfere with the identification of protozoa.

IMPORTANT: Please read and follow all instructions.

1. This O & P Collection Kit contains;
 - a. ECOFIX (Green lid)
 - b. 2 biohazard bag
 - c. Collection hat & instructions

PLEASE!

- i. **DON'T** urinate on the specimen or in the collection container.
- ii. **DON'T** urinate in the vials.
- iii. **DON'T** pass the specimen directly into the vial.
- iv. **DON'T** pass the specimen into a toilet.



**Preservative is POISONOUS
-DO NOT DRINK -
KEEP OUT OF REACH OF
CHILDREN**

2. The stool should be passed into a clean, **DRY** container. Use a bed pan or place a large plastic bag into a waste basket to catch the specimen.

Stool must be added to the preservative within 30 minutes of passage.

3. Open the vial and using the collection spoon built into the lid the vial (or the wooden sticks, if supplied), place small scoopfuls of stool from areas which appear bloody, slimy or watery into the vial **until the contents rise to the red line**. If the stool is formed (hard), please try to sample small amounts from each end and the middle.
4. Mix the contents of the vial with the spoon, then twist the cap tightly closed and shake the vials containing preservative vigorously until the contents are well mixed. Store vial at room temperature.
5. **Mark the label on the tube with the identification information requested below:**

1. **FULL LEGAL NAME**
2. **DATE of BIRTH** (ID Number)
3. **DATE of COLLECTION**
4. **TIME of COLLECTION**
5. **TYPE of SPECIMEN**

9. Wash your hands thoroughly. If any liquid from the tube gets on your skin or in your eyes, flush with plenty of running water. If irritation develops, consult a physician.

Return your specimen within Two hours of collection to;

- Outpatient Laboratory Services site, 210 Sunnyview Ln, Ste. 106, M-F, 7 am to 4:45 pm
- Or after hours to the Main Laboratory (Inside the Hospital)

ANTIDOTE IF SWALLOWED: Dilute by drinking 2-4 glasses of water, immediately contact an emergency facility, poison information center, or a physician to receive medical attention. Save the reagent vial; label information will be helpful for determining appropriate medical treatment.

IF YOU HAVE QUESTIONS, PLEASE CALL THE **LABORATORY AT 406-752-1737**